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No: SRU/NSS/Events/2022/

Date: 04-07-2022

CIRCULAR

Sub: Conduction of Physical Literacy Program on 08-07-2022 at Ananthasagar Government School – Reg.

This is to inform that, National Service Scheme (NSS) of SR University will be organizing the "Physical Literacy Program"

Event : Physical Literacy Program
Place : Ananthasagar Government School
Date : 08-07-2022
Timings : 10:00 am to 12:30 am

All the NSS Unit-I students are required to participate in the event. For further details, Mr.K.Ravindar, NSS Program Coordinator, may be contacted.

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(V) Ananthasagar, (M) Hasanparthy
Dt: Warangal - 506371, T.S.



Report on Physical Literacy Program

Details of the Event:

Date of the Event : 08-07-2022
Name of the Event : Physical Literacy Program
Venue : Ananthasagar, Government School
No. of Participants : 64
No. of Beneficiaries : Entire School Community

Objective:

The Physical Literacy Program aimed to enhance physical fitness and overall well-being among students by fostering fundamental movement skills and promoting an active lifestyle. The program sought to instill the importance of physical activity as a lifelong habit and provide students with the knowledge and skills necessary for maintaining physical health.

Description:

On July 8, 2022, SR University's National Service Scheme (NSS) Unit-1, under the guidance of Mr.K.Ravindar, conducted a Physical Literacy Program at Ananthasagar Government School. The event attracted 64 enthusiastic participants, primarily students, who engaged in a series of interactive sessions designed to improve their physical skills and knowledge. The program included exercises and activities focusing on balance, coordination, agility, and strength, along with educational segments on the benefits of regular physical activity and healthy lifestyle choices.

Outcome:

☐ **Immediate Results:** Participants demonstrated improved physical skills and a heightened understanding of physical fitness principles. The interactive nature of the program ensured high engagement and active participation from all attendees.

☐ **Long-Term Benefits:** The program provided students with a foundation in physical literacy that will benefit their overall health and well-being. Regular practice of the skills learned can lead to improved physical fitness and a more active lifestyle.

Impact on Society:

☐ **Student Health and Well-being:** The program promoted physical fitness and wellness among students, helping them develop essential motor skills and encouraging lifelong healthy habits.

☐ **Educational Enhancement:** By integrating physical activity with education, students gained a practical understanding of the importance of physical health, which can positively influence their academic performance and daily life.

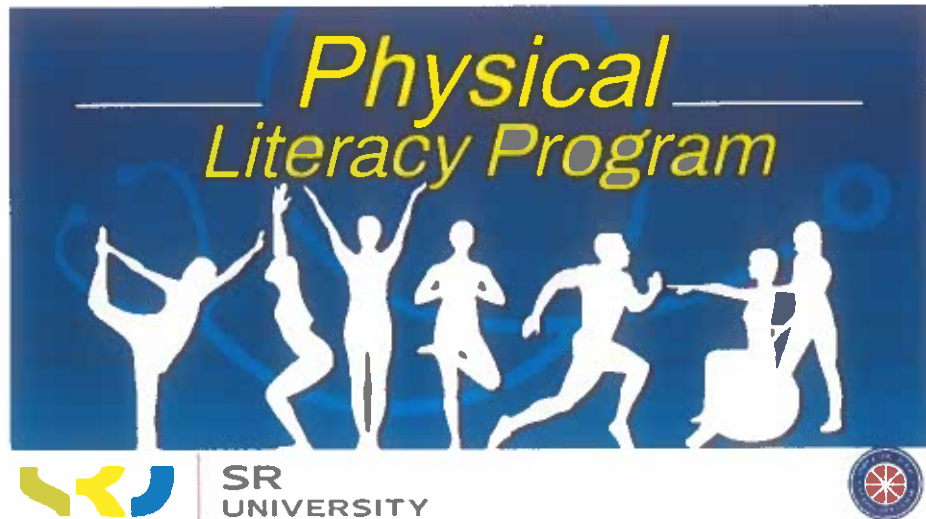
☐ **Community Awareness:** The event highlighted the role of physical education in schools and fostered community support for physical literacy initiatives, encouraging broader adoption of similar programs.



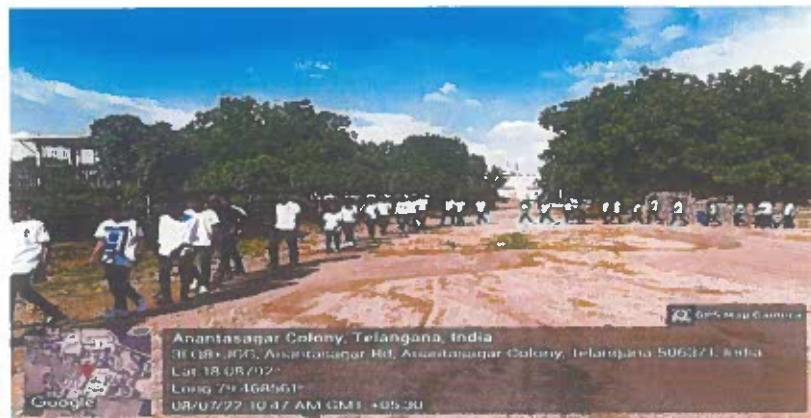
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Event Poster:



Event Photos:



"Empowering Future Leaders: SR University NSS Unit-1 Inspires Healthy Lifestyles with Dynamic Physical Literacy Program at Ananthasgar Government School!"



Volunteers List:

Sl.No.	Name of the student	Programme name	Signature
1	SAMUDRALA PHANINDRA KUMAR	B.Tech (EEE)	S. Phaniendra
2	SARIMALLA NIKHIL RAJ	B.Tech (EEE)	S. Nikhilraj
3	THURPATI SRI HARI	B.Tech (EEE)	T. Srihar
4	ADEPU VARSHITH	B.Tech (EEE)	A. Varshith
5	AKUNURI THARUN SAI	B.Tech (EEE)	A. Tharunsai
6	BANDARI PAVAN KALYAN	B.Tech (EEE)	B. Pavan Kalyan
7	BODA ABHINANAD	B.Tech (EEE)	B. Abhinanad
8	BODA KALYANI	B.Tech (EEE)	B. Kalyani
9	BOMMARAVENI AVINASH	B.Tech (EEE)	B. Avinash
10	DAMERA AKSHITHA	B.Tech (EEE)	A. Akshitha
11	AKULA SAHAJA	B.Sc (Hons.) Agriculture	A. Sahaja
12	AMMANAVENI RUCHITHA	B.Sc (Hons.) Agriculture	A. Ruchitha
13	AMPATI KOUSHAL	B.Sc (Hons.) Agriculture	A. Koushal
14	BANDI RAJ KUMAR	B.Sc (Hons.) Agriculture	B. Rajkumar
15	BETHI SHIVA KUMAR	B.Sc (Hons.) Agriculture	B. Shiva
16	BHOOMPALLI POOJITHA	B.Sc (Hons.) Agriculture	Poojitha
17	BILLA KRANTHI	B.Sc (Hons.) Agriculture	B. Kranthi
18	BOLLAVENI SANKEERTHANA	B.Sc (Hons.) Agriculture	B. Sankeethana
19	BURRA SHIVANI	B.Sc (Hons.) Agriculture	Shivani
20	BURRA SWATHI	B.Sc (Hons.) Agriculture	B. Swathi
21	BUSA BHARGAVI	B.Sc (Hons.) Agriculture	B. Bhargavi
22	CHAVA NAVYA CHAITANYA	B.Sc (Hons.) Agriculture	Navya
23	CHOUDARY RENUKA SRI	B.Sc (Hons.) Agriculture	C. Renuka
24	CHUKKA ASHRITHA	B.Sc (Hons.) Agriculture	ashritha



25	GADDAM SANDHYA RANI	B.Sc (Hons.) Agriculture	Sandhya
26	AJITH KUMAR NENAVATH	B.Tech (CSE)	Ajith
27	ARSHIYA	B.Tech (CSE)	Arshiya
28	BASHABOINA KOUSHIK	B.Tech (CSE)	Koushik
29	BETHI ABHINAV	B.Tech (CSE)	Abhinav
30	BHOGI BALAJI	B.Tech (CSE)	B. Balaji
31	BOORA KRANTHI	B.Tech (CSE)	Kranthi
32	DASARAPU NAGARAJU	B.Tech (CSE)	Nagaraju D
33	GATTU SAI KISHORE	B.Tech (CSE)	Saithishu
34	GUGGILLA SRI VARDHAN	B.Tech (CSE)	G. Vardhan
35	GUNDAVARAPU GAYATHRI	B.Tech (CSE)	Gayathri
36	JAJULA DILIP KUMAR	B.Tech (CSE)	Dilip
37	JAKKU HARSHAVARDHAN	B.Tech (CSE)	J. Harshavardhan
38	JALLI SAI SHASHANK	B.Tech (CSE)	Shashank
39	KALVA AKSHITHA	B.Tech (CSE)	K. Akshitha
40	KANAGALA GOPICHAND	B.Tech (CSE)	K. Gopichand
41	KATROJU SAI MOHANA CHARY	B.Tech (CE)	Sai Mohan
42	KONGATI SPANDANA	B.Tech (CE)	Spandana
43	KORE MANEESHA	B.Tech (CE)	K. Maneesha
44	KURAPATI LOKESHWAR	B.Tech (CE)	Lokeshwar
45	RAGI RUTHWIK	B.Tech (CE)	R. Ruthwik
46	RAPARTHY SRIVANI	B.Tech (CE)	Srivani
47	DOGGALA MANOJ	B.Tech (ME)	Manoj
48	GAYAKWADA PRASHANTH KUMAR	B.Tech (ME)	G. Prashanth
49	KALAKOTLA HARSHINI	B.Tech (ME)	K. Harshini
50	MOHAMMAD AAMER	B.Tech (ME)	M.D. Aamer
51	CHIMALA AJAY KUMAR	B.Tech (ECE)	Ajay
52	CHUNCHU PRATHYUSHA	B.Tech (ECE)	C. Prathyusha
53	GANGAPURAM RAKSHITH KUMAR	B.Tech (ECE)	Rakshith Kumar
54	GANGARAPU SAI GANESH	B.Tech (ECE)	Sai Ganesh



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55	GANGULA ANVESH	B.Tech (ECE)	G. Anvesh
56	GUDEPU CHANDANA	B.Tech (ECE)	G. Chandana
57	KATANGURU YASHWANTH	B.Tech (ECE)	K. Yashwanth
58	KOMATI NANDITHA	B.Tech (ECE)	nanditha
59	KOORA RITHWIK	B.Tech (ECE)	Rithwik.
60	KORE THARUN	B.Tech (ECE)	Tharun
61	KOYYALA VICHITHRA	B.Tech (ECE)	K. Vichithra
62	KUDIKALA SANTHOSH	B.Tech (ECE)	Santhosh.
63	MAMIDOJU VISHAL	B.Tech (ECE)	vishal
64	MERUGU SHASHANK	B.Tech (ECE)	Shashank


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COORDINATOR

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